



**CICIAMS VII
AFRICAN REGIONAL
CONGRESS**
NAIROBI 2024

**Theme: Enhancing nursing and midwifery
education for improved health care services**

EASY COSTS PLANNER

Simplify your travel plans



Venue: Kenya School Of Monetary Studies - Nairobi

HOSTS



**Catholic Nurses
Association
of Kenya**



For more information:

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CICAMS VII

Background Information

Join us in Nairobi, Kenya, as we convene the world's nursing and healthcare professionals for a transformative event hosted by the International Catholic Committee of Nurses and Medico-Social Assistants (CICIAMS). Our upcoming conference, themed "Enhancing Nursing and Midwifery Education for Improved Healthcare Services in the Spirit of Laudato Si and Synodality," promises to be an inspiring gathering of global healthcare leaders.

Hosted by the Catholic Nurses Association of Kenya (CNAK), this unique conference, taking place in the vibrant heart of Africa, Nairobi, will provide a platform for nurses, midwives, and healthcare providers to explore innovative strategies for elevating nursing and midwifery education. Guided by the ethical principles of Laudato Si, we will delve into sustainable healthcare practices and address the pressing challenges facing our planet and its inhabitants. With a focus on synodality, we will foster dialogue, collaboration, and solidarity among healthcare professionals from diverse cultural, religious, and professional backgrounds. Together, we will seek solutions to enhance the quality of healthcare services worldwide.

Expect engaging keynote speakers, interactive workshops, and insightful panel discussions that will make a positive impact on healthcare delivery.

Don't miss this opportunity to be part of a global movement for positive change.

Karibu Nairobi!!

Where you'll stay

OPTION 1

St. Francis Spiritual Center

[Click Here
for More info](#)



PROFILE

St. Francis Spiritual Center offers comfortable and peaceful accommodations, fostering inner reflection.

Common Costs:

Registration Fees (RF)	30,000
Airport Transfers & Travels (AT)	5,000

Accommodation Costs

	Single (s)	Double (d)	Self Contained (SC)
Bed & Breakfast (BB)	8,000	6,400	1,300
Half Board (HB)	9,400	7,700	2,000

Your options (Cost Summation)

Pick		Total (Kes)	Total (USD)
SFSC – 1	3 Days in Nairobi - Single FB ***	45,000	296
SFSC – 2	3 Days in Nairobi - Double	48,000	315
SFSC – 3	3 Days in Nairobi - Single BB	44,000	286
SFSC – 4	3 Days in Nairobi – Single HB	42,500	276
SFSC – 5	3 Days in Nairobi – Single SC	41,000	267
SFSC – 6	3 Days in Nairobi - Double	38,900	253
SFSC – 7	5 Days in Nairobi - Single FB ***	52,500	341
SFSC – 8	5 Days in Nairobi - Double	57,500	373
SFSC – 9	5 Days in Nairobi - Single BB	50,000	325
SFSC – 10	5 Days in Nairobi – Single HB	47,500	308
SFSC – 11	5 Days in Nairobi – Single SC	45,000	292
SFSC – 12	5 Days in Nairobi - Double	41,500	270

Where you'll stay

OPTION 2

Kenya School of Monetary Studies

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for More info



PROFILE

Kenya School of Monetary Studies (KSMS) was established as a School of the Central Bank of Kenya. There are 250 standard rooms.

Common Costs:

Registration Fees (RF)	30,000
Airport Transfers & Travels (AT)	3,500

Accommodation Costs

	Single (s)	Twin (t)
Bed & Breakfast (BB)	8,000	6,400
Half Board (HB)	9,400	7,700

Your options (Cost Summation)

Pick		Total (Kes)	Total (USD)
KSMS – 1	3 Days in Nairobi - Single (RF + AT + BBs)	57,500	373.38
KSMS – 2	3 Days in Nairobi - Twin (RF + AT + BBt)	52,700	342.21
KSMS – 3	3 Days in Nairobi - Single (RF + AT + HBs)	61,700	400.65
KSMS – 4	3 Days in Nairobi - Twin (RF + AT + HBt)	56,600	367.53
KSMS – 5	5 Days in Nairobi - Single (RF + AT + BBs)	73,500	477.27
KSMS – 6	5 Days in Nairobi - Twin (RF + AT + BBt)	65,500	425.32
KSMS – 7	5 Days in Nairobi - Single (RF + AT + HBs)	80,500	522.73
KSMS – 8	5 Days in Nairobi - Twin (RF + AT + HBt)	72,000	467.53

Note: USD Value variable based on Exchange rate (for International Travellers, use USD Estimate)

Where you'll stay

OPTION 3

Clergy House

[Click Here
for More info](#)



PROFILE

Impressive Place for the Care of the Clergy of Nairobi Archdiocese. With medical, gymnastic, and conference facilities. Lovely and lively place..

Common Costs:

Registration Fees (RF)	30,000
Airport Transfers & Travels (AT)	5,000

Accommodation Costs

	Cost
Full Board (FB)	5,000
Half Board (HB)	4,000

Your options (Cost Summation)

Pick		Total (Kes)	Total (USD)
CH – 1	3 Days in Nairobi - Full Board (FB) ****	50,000	324.68
CH – 2	3 Days in Nairobi - Half Board (HB)	47,000	305.19
CH – 5	5 Days in Nairobi - Full Board (FB) ****	60,000	389.61
CH – 6	5 Days in Nairobi - Half Board (HB)	55,000	357.14

Note: USD Value variable based on Exchange rate (for International Travellers, use USD Estimate)

Where you'll stay

OPTION 4

Kenya Institute of Curriculum Development

[Click Here
for More info](#)



PROFILE

The Center has 62 spacious single rooms, 12 twin bed rooms and 6 double rooms ensuite bathrooms, for assured comfort and relaxation of our customers.

Common Costs:

Registration Fees (RF)	30,000
Airport Transfers & Travels (AT)	5,000

Accommodation Costs

	Cost
Full Board (FB)	7,000
Bed & Breakfast (BB)	6,000
Half Board (HB)	5,000

Your options (Cost Summation)

Pick		Total (Kes)	Total (USD)
KICD – 1	3 Days in Nairobi - @ pax Full Board (FB) ***	56,000	363.64
KICD – 2	3 Days in Nairobi - @ pax Bed & Breakfast (BB)	53,000	344.16
KICD – 3	3 Days in Nairobi - @ pax Half Board (HB)	50,000	324.68
KICD – 4	5 Days in Nairobi - @ pax Full Board (FB) ****	70,000	454.55
KICD – 5	5 Days in Nairobi - @ pax Bed & Breakfast (BB)	65,000	422.08
KICD – 6	5 Days in Nairobi - @ pax Half Board (HB)	60,000	389.61

Note: USD Value variable based on Exchange rate (for International Travellers, use USD Estimate)

Proposed Excursions sites self-paying (Transport fee to be communicated later)



Resurrection Garden

Resurrection Garden Karen offers spiritual insight, cultural richness, and serene beauty for a memorable Kenyan experience.

Entrance Fee: Free



Giraffe Centre

Experience giraffe conservation, feed them, and learn about wildlife in a unique Kenyan sanctuary.

Entrance Fee: \$15



Nairobi Animal Orphanage

Witness Kenya's diverse and learn about local animals at Nairobi Animal Orphanage.

Entrance Fee: \$20



Museum

Explore Kenya's rich heritage, diverse cultures, and natural history at Nairobi National Museum for a memorable experience

Entrance Fee: \$5S

Note: USD Value variable based on Exchange rate (for International Travellers, use USD Estimate)